

# Convenience + Care

## Welcome to Adira Nursing and Rehab

Providing subacute rehabilitation and skilled nursing to the local community, our warm and intimate 92-bed skilled rehabilitation center ensures that our patients receive the attentive care they deserve at all times.

Adira Nursing and Rehab boasts a remarkable staff of physicians, nurses and therapists, whose expertise is only surpassed by their genuine warmth and dedication.



# Compassion + Care

## Long Term Care

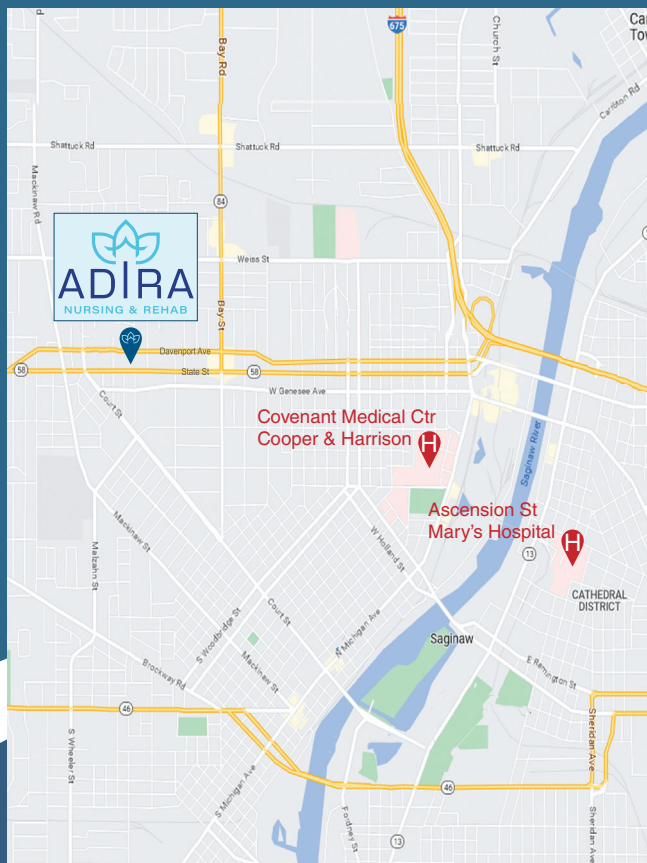
Our long term care program provides each patient with personalized care and attention, within a comfortable homelike environment. We offer 24 hour nursing care which is centered on each resident's personal needs. Compassionate nurses and Certified Nursing Assistants provide expert care with consideration and respect.

Adira Nursing and Rehab's dedicated locked memory care unit is designed to provide specific care for loved ones with Alzheimer's. Private rooms and a dedicated courtyard provide a safe and caring environment.



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24/7 ADMISSIONS  
Accepting Medicare, Medicaid and most insurances



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TRANSFORMING HEALTHCARE WITH  
COMPASSION AND COMMITMENT



## Excellence + Care

We provide weekly services through our Partners in Excellence program including; Dr. MA Khan an Internal Medicine Specialist with over 27 years of experience. And, Dr. Muhammad Jilani a Physical Medicine and Rehabilitation Specialist with over 37 years of experience. In our dialysis suite we have local nephrologists that make rounds coordinating care.

## Restorative + Care

### Sub-Acute Rehabilitation

The Rehabilitation Program at Adira Nursing and Rehab is designed to restore patients to their healthy selves as quickly as possible. Our dedicated Subacute wing is located in our newly renovated facility with all private rooms and private bathrooms. We assist patients in recovering from illness or surgery, with a full regimen of therapy services. Physical, Occupational and Speech Therapy are offered seven days a week, within our brand new therapy gym, fully equipped with state of the art equipment to help our patients recover faster.

Our expert team of therapists utilizes the latest rehabilitation techniques to create an individualized care plan for each patient. When you're ready to go home, our caring staff will guide you every step of the way, with comprehensive discharge planning and post discharge follow up.



## Comfort + Care

### Lifestyle and Amenities

The newly renovated Adira Nursing and Rehab is the optimum environment for health and rehabilitation with a private room for every patient.

All of the units in our beautiful and modernized facility boast a host of amenities, including:

- Flat screen TVs
- Complementary Cable and Wifi
- Restaurant Style dining
- 2 Enclosed Patios
- Activities 7 days a week
- On site Beauty Shop and Barber
- Laundry Service and Housekeeping
- Transportation for Doctor Appointments
- Religious Services



## Advanced + Care

### Specialty Health Care

The healthcare team at Adira Nursing and Rehab puts a coordinated and collaborative effort into each patient's individual plan of care. We offer treatment plans with the most advanced medical procedures, and an array of specialty services provided on premises.

Specialty Care includes:

- Orthopedic Rehabilitation
- Tracheostomy Care with Respiratory Therapist on staff
- Bariatric Care
- IV Therapy
- Advanced Wound Care
- Pain Management
- 7 days a week respiratory therapy
- Locked dementia unit

## Community + Care

The owners and operators of Adira Nursing and Rehab live here too. As members of the community, we appreciate that we are serving our friends and neighbors. We walk the floors, visit with patients, talk to families and assist staff with meeting patient's needs. Our hands-on management approach keeps us in touch with every patient's experience. We ensure that each patient is treated with respect and dignity, and there is always someone to talk to, should any concerns arise.

